

Hello from Madrid!

It's been a while since I shared anything with you, and a lot has happened.

I'm writing this email from my new workplace, just outside Madrid. Views of the mountains, the sun is shining (but it's cold ;-). I wanted to update you on everything that's going on.

Our move to Torreldones (a small, charming mountain village – look it up ;-)) has been a big change. An incredible challenge with lots of new impressions, contacts and beautiful places to discover. We love it!

The move also gave me the chance to re-examine my work and feel what really fits.

I now work completely online. That took some getting used to, especially with energy work, but I'm happy to see how well it's going!

I also gave myself a gift: after 25 years of pioneering on my own, I started with a business coach. It feels like a new chapter in which I not only learn to look and think (and feel!) differently about my work, but also learn how to better share my knowledge and insights with you.

New steps:

This has led to a few new steps that I am excited about:

For over five years, I have been writing weekly Snippets – short blogs that I share on my website and social media. Since last year, I also write Inspiring Insights, which are published every two weeks. The Insights are more current and show what I am working on at that moment.

Maybe you already know them, maybe they are new to you. I now also want to share these valuable pieces directly with you via email, so that you don't miss anything.

What can you expect?

Every Tuesday you will receive a Snippet – a short blog with a thought or reflection that inspires me. Every two weeks I share a deeper insight that can inspire you or make you think. Sometimes it is a video or an audio message.

If I notice that my emails are not really relevant, I will remove you from my list in a few months. That will give space to people who like to read along.

My goal remains to give you something: a moment of recognition, a new perspective or a small "aha" moment. And I also like to share interesting books that I have read - and don't worry, they are really not only books about self-development!

Stay in touch:

I am curious about what is going on with you and would love to hear from you. Let me know what is on your mind at the moment - a short message is enough. I read everything and love to hear what is going on with you.

Love,

Louise