

Privacy Policy

Effective Date: July 2026

1. Introduction

Louise Tuijt ("I", "me", "my") is committed to protecting your privacy and handling your personal data with care and integrity.

This Privacy Policy explains how I collect, use, store and protect your personal information when you visit my website, contact me, subscribe to my newsletter, purchase a program or work with me as a client.

I process personal data in accordance with the General Data Protection Regulation (GDPR) and applicable Dutch privacy legislation.

2. Data Controller

Louise Tuijt-Snippe
Bloemendaal, The Netherlands

Email: louise@louisetuijt.nl

Website: www.louisetuijt.com & www.louisetuijt.nl

3. Personal Data I Collect

Depending on the nature of our contact, I may collect and process the following personal data:

- Name
- Email address
- Telephone number
- Postal address (where required for invoicing)
- Payment information
- Information you voluntarily provide through contact forms, questionnaires, coaching sessions or email correspondence
- Technical information such as IP address, browser type and website usage where applicable

You are never required to provide more information than is reasonably necessary.

4. How Your Personal Data Is Used

Your personal information is processed for one or more of the following purposes:

- Responding to enquiries
- Scheduling and providing coaching or therapeutic services
- Delivering online programs and digital products
- Processing payments
- Maintaining client records
- Sending newsletters and other communications where you have provided consent
- Improving the website and services
- Complying with legal and administrative obligations

Your personal data will never be sold to third parties.

5. Legal Basis for Processing

Personal data is processed on one or more of the following legal grounds:

- Your consent
- The performance of a contract
- Compliance with legal obligations
- My legitimate interest in operating and improving my practice

6. Third-Party Service Providers

To provide my services efficiently, I work with trusted third-party providers that process personal data on my behalf.

These may include:

- **Kajabi** – website hosting, online courses, client portal, email marketing and newsletters
- **Mollie** – secure payment processing
- Accounting software used for financial administration

Where required, appropriate Data Processing Agreements have been concluded with these service providers.

Some providers may process data outside the European Economic Area. Where this occurs, appropriate safeguards are implemented in accordance with the GDPR (AVG).

7. Coaching Records

Information shared during coaching sessions is treated as confidential.

Client records are maintained only to support the coaching process and to comply with applicable legal and professional obligations.

Information will never be shared with third parties without your explicit consent unless disclosure is required by law.

8. Data Retention

Personal data is retained only for as long as necessary to fulfil the purposes for which it was collected.

Financial records are retained for the period required by Dutch tax legislation.

Client records are retained only for the period considered appropriate for responsible professional practice and applicable legal requirements.

Newsletter subscribers remain on the mailing list until they unsubscribe.

9. Data Security

Appropriate technical and organisational measures have been implemented to protect personal data against loss, misuse, unauthorised access, alteration or disclosure.

While every reasonable effort is made to protect personal information, no method of electronic transmission or storage can be guaranteed to be completely secure.

10. Your Rights

Under the GDPR (AVG), you have the right to:

- access your personal data;
- request correction of inaccurate information;
- request deletion of your data where legally possible;
- restrict or object to certain processing activities;
- withdraw consent at any time where processing is based on consent;
- request transfer of your personal data;
- lodge a complaint with the Dutch Data Protection Authority (Autoriteit Persoonsgegevens).

Requests regarding your personal data can be submitted via the contact details provided above.

11. Cookies

This website may use functional, analytical and, where applicable, marketing cookies.

Where legally required, your consent will be requested before non-essential cookies are placed on your device.

You may adjust your browser settings to refuse cookies; however, this may affect certain website functionality.

12. Newsletter

If you subscribe to my newsletter, your name and email address will be used solely to send you updates, reflections, news and information about my services.

You may unsubscribe at any time using the unsubscribe link included in every email.

13. Professional Membership

Louise Tuijt is affiliated with the **Collectief Alternatieve Therapeuten (CAT)**, a Dutch professional association for complementary therapists.

Personal data is handled with due care in accordance with the professional standards of the CAT, the GDPR and other applicable Dutch legislation.

14. Changes to This Privacy Policy

This Privacy Policy may be updated from time to time to reflect changes in legislation, technology or my services.

The most recent version will always be published on this website.

15. Contact

If you have any questions regarding this Privacy Policy or the processing of your personal data, please contact:

Louise Tuijt

Email: louise@louisetuijt.nl

Website: www.louisetuijt.com & www.louisetuijt.nl